# deals

February 28-March 26, 2024





Mary's Gone Crackers **Organic Real Thin Crackers** 



**Endangered Species Chocolate Bar** (selected varieties)

## Splash into spring savings

**KeVita Organic Sparkling Probiotic Drink** (selected varieties)

15.2 oz



**Harmless Harvest Organic Coconut Water** 

**Pacific Foods** 

**Organic Broth** 

(selected varieties)

16 oz

32 oz

9 oz



Pacific

Chicken

**Uncle Matt's Organic Organic Orange Juice** (selected varieties)

**Canyon Bakehouse Gluten Free Bread** 

52 oz



Farmer's Market **Organic Pumpkin** 

15 oz



Kerrygold **Butter** 



Lily's **Chocolate Baking Chips** (selected varieties)



18 oz

16 oz





**Bob's Red Mill** 

**Almond Flour** 



8 oz

Daiya **Deluxe Mac & Cheese** 

(selected varieties)

10.6 oz



Maya Kaimal

(selected varieties)

**Lotus Foods** 

**Rice Ramen** 

(selected varieties)

2.8 oz



Koyo Ramen (selected varieties)

2 oz



**Miracle Noodle Plant Based Noodles** 



10 oz



**Crown Prince Natural Smoked Oysters** (selected varieties)

3 oz



7 oz

**Muir Glen Organic Tomatoes** (selected varieties)



**Muir Glen Organic Pasta Sauce** (selected varieties)

23.5 oz



San-J **Organic Tamari Soy Sauce** 

10 oz



**Creamy Tomato Pasta** 

25-35 MIN • SERVES 4-6 • VEGETARIAN

#### **INGREDIENTS**

1-pound orecchiette pasta (or sub your favorite pasta)

3 tablespoons olive oil

1 small yellow onion, diced

3 large garlic cloves, minced

28 ounces canned diced tomatoes 1 ½ cups shredded parmesan

½ teaspoon crushed red chili flakes ½ teaspoon sea salt

1 teaspoon dried thyme

1/4 teaspoon ground black pepper

½ cup heavy cream

1 teaspoon dried oregano

#### **DIRECTIONS**

- 1 Cook pasta based on package instructions. Drain and set aside.
- 2 Meanwhile, heat oil in a large skillet over medium heat. Add onion and sauté until onions are translucent. Add garlic and cook for another minute.
- **3** Add tomatoes, oregano, thyme, chilies, salt and black pepper. Bring to a gentle simmer for 10 minutes.
- 4 Remove tomato sauce from the heat and fold in heavy cream, parmesan, and pasta.



**Once Again Nut Butter Organic Tahini** 

16 oz

Kettle **Potato Chips** (selected varieties)









**Sauerkraut** 

25 oz



**Bubbies Kosher Dill Pickles** 

33 oz



For over 40 years, Bubbies has created pickles, sauerkraut, relish, and horseradish using family recipes and real ingredients. Whether you are recreating meal traditions or crafting fresh takes on classic foods, you can trust timeless quality-because only the best comes from Bubbies kitchen.

**Good Health Avocado Oil Potato Chips** 

5 oz



Whisps **Cheese Crisps** (selected varieties)

2.12 oz



**PUR** Gum (selected varieties)

Newman's Own

(selected varieties)

**Sandwich Cremes** 



0.44 oz

UNREAL **Chocolate Bars** 

3.4-4.2 oz



Larabar Fruit & Nut Bar (selected varieties)

1.6-1.7 oz



13 oz

Siete **Grain Free Cookies** 

4.5 oz



Pamela's Pancake & Baking Mix

24 oz



**Birch Benders Organic Pancake & Waffle Mix** (selected varieties)

14-16 oz



**Purely Elizabeth** Granola

(selected varieties)

8-12 oz



**Enjoy Life Foods Chocolate Chips** (selected varieties)

**\$499** 

9-10 oz

**Organic Coconut Flakes** 

**7** oz



Wholesome **Organic Powdered Sugar** 

1lb



**Simply Organic Organic Ground Cinnamon** 

**\$429** 

2.45 oz



St. Dalfour French Fruit Spread (selected varieties)

Let's Do...Organic

10 oz



**Bonne Maman Preserves** (selected varieties)

**\$**479

13 oz



**Peter Rabbit Organics Organic Baby Food Pouch** 

(selected varieties)



Rishi Tea **Organic Tea** (selected varieties)

15 ct



**Buddha Tea Organic Tea** (selected varieties)

18 ct



Yoqi Tea (selected varieties)

4-4.4 oz

16 ct



Lakewood **Pure Cranberry Juice** 



32 oz



**Goldthread Plant Based Tonic** (selected varieties)

12 oz



GT's **Organic Alive Ancient Mushroom Elixir** (select varieties)

16 oz



Zevia Zero Calorie Soda



6 ct



**Organic Valley Organic Butter** 

16 oz 13 oz

**Organic Valley Organic Ghee** 

**Organic Valley Organic Cream** Cheese

8 oz



Put some spring in your culinary creations with Organic Valley. High quality, delicious dairy that is ethically sourced from small organic family farms. This is dairy you can feel good about.

Vita Coco **Coconut Water** (selected varieties)

500 ml



evamor **Natural Alkaline Artesian Water** 

32 oz



nutpods **Dairy-Free Creamer** (selected varieties)

11.2 oz



# **Curry Beet Salad**

4 HRS 20 MIN • SERVES 4 • GLUTEN-FREE, VEGETARIAN

#### **INGREDIENTS**

2 pounds red beets 2 ounces baby arugula ½ cup walnuts, toasted 1 tablespoon honey ½ cup crumbled feta or 2 ounces herbed goat cheese

1/3 cup avocado oil 3 tablespoons rice vinegar ½ tablespoon curry powder 1/4 teaspoon sea salt

#### **DIRECTIONS**

- 1 Preheat oven to 350°F. Place whole beets in a deep baking dish and cover with water. Cover and bake for 2-4 hours or until beets are knife tender, depending on the size of the beets.
- 2 When beets are tender, drain and submerge in cold water. Remove skins and set aside to cool completely.
- **3** To prepare salad, chop beets and place in a mixing bowl. Add arugula, walnuts, and feta or goat cheese. Whisk together avocado oil, rice vinegar, honey, curry powder, and salt. Pour over salad and toss. Adjust seasoning to taste and serve.



Califia Farms **Better Half Creamer** 

16.9 oz



**Organic Valley Organic Feta Cheese** 

8 oz





Built on the foundation of craft and compassion, Miyoko's Creamery is the natural, compassionate evolution of dairy-using time-honored techniques and the finest ingredients to make our awardwinning, phenomenally vegan, plant-milk butter and cheese.



Miyoko's **Organic Cultured Vegan Butter** 

Miyoko's **Organic Vegan** Mozzarella

MiYOKO'S

8 oz

8 oz

**Green Valley Creamery Organic Lactose-Free Cream Cheese** 

8 oz

**Forager Project Organic Cashewmilk Yogurt** (selected varieties)

**\$499** 

**Bonafide Provisions** 

**Organic Bone Broth** 

(selected varieties)

24 oz



Stonyfield **Organic Yogurt** (selected varieties)

32 oz

(selected varieties)

8.8-13.7 oz

Gardein

**Plant-Based Protein** gardein

24 oz

**Immaculate** 



**Perfect Bar Organic Protein Bar** (selected varieties)



2.3 oz

Van's Waffles (selected varieties)

9 oz

**Cosmic Bliss Organic Dairy-Free Frozen Dessert** (selected varieties)

14 oz



**Organic Cinnamon Rolls** 



17.5 oz



GoodPop **Organic Frozen Pops** (selected varieties)

9.9-10 oz



**Renew Life Cleanse More** 

**\$]4**99

60 ct

Carlson **Cod Liver Oil** 

500 ml

**Nordic Naturals** Omega-3

60 ct

**Andalou Naturals Shampoo or Conditioner** 

11.5 oz

The Grandpa Soap Co. **Bar Soap** 

3.25 oz



**Dr. Formulated Probiotics Gummy** 

8 oz

**Garden of Life** 



60 vcap

**BioSil** 

**Natural Factors** WellBetX® Berberine 500 mg

Collagen Generator Hair, Skin, Nails

**Vibrant Health** 

**Green Vibrance** 

60 ct

Cod Liver

NORDIC

**OMEGA-3** 



60 vcap

WellBetX Berberine 500 mg

Yerba Prima **Psyllium Husks Powder** 

11.64 oz



12 oz

ShiKai



**DERMA E Anti-Wrinkle Renewal Cream** 

4 oz



8 oz



**Biokleen Bac-Out Stain & Odor Remover** 

Herbatint **Permanent Hair Color Gel** 



4.56 oz



32 oz



# everyday

### Products with everyday low prices.

## Spring baking made easy



Organic Canola Oil

32 oz



**Organic All-Purpose Flour** 





Organic Unsweetened **Coconut Milk** 

13.5 oz



**Organic Light Unsweetened** Coconut Milk

13.5 oz



Organic **Vegan Buttery Spread** 

13 oz

Prices may vary by location



INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

> For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.

