



Items available in **1 lb increments** only.
No half or quarter pound.

- Orders due by Friday, Nov. 17th
- Payment due at time of order
- Pick up is Wednesday, Nov. 22nd from Noon - 8pm
- Serving sizes are approximate estimates.

Meats and Fish | Market Price

Sliced, Roasted Turkey Breast with Gravy (Keto, GF) | \$16.99/lb

Turkey Breast, *Oregano, *Basil, *Garlic, *Paprika, *Thyme, *Lemon Juice, *Olive Oil, & *Himalayan Salt.

Number of pounds: _____ (7-8 pieces = 1 lb)

Vegan Meatloaf (V, GF) | \$13.99/lb

Beyond Meat, *Onion, *Garlic, *Parsley, *Roasted Red Pepper, *Ketchup, *Olive Oil, & *Himalayan Salt.

Number of pounds: _____ (2 pieces = 1 lb)

Salt & Pepper Salmon Filets (Keto, GF) | \$24.99/lb

Wild-Caught Salmon, *Lemon Juice, *Olive Oil, *Black Pepper & *Himalayan Salt.

Number of pounds: _____ (1 lb = 3 servings)

Mediterranean Cod (Keto, GF) | \$13.99/lb

Wild Caught Cod, *Red Onion, *Parsley, *Cilantro, *Garlic, Pasta Sauce, *Tomatoes, *Oregano, *Seafood Seasoning, *Lemon Juice, *Olive Oil, & *Himalayan Salt.

Number of pounds: _____ (3 pieces = 1 lb)

Mediterranean Flounder (Keto, GF) | \$13.99/lb (3 pieces = 1 lb)

Wild Caught Flounder, *Red Onion, *Parsley, *Cilantro, *Garlic, Pasta Sauce, *Tomatoes, *Oregano, *Seafood Seasoning, *Lemon Juice, *Olive Oil, & *Himalayan Salt.

Number of pounds: _____ (3 pieces = 1 lb)

Herb Grilled Chicken Pieces (Keto, GF) | \$13.99/lb

Non-GMO Antibiotic & Hormone Free Chicken, *Oregano, *Garlic, *Lemon Juice, *Olive Oil, *Black Pepper & *Himalayan Salt.

Number of pounds: _____

Side Dishes | \$12.99/lb

Spinach Soufflé (GF)

*Spinach, *Butter, *Onion, Parmesan Cheese, *Milk, *Nutmeg, *Garlic, *Coriander, *Cinnamon, *Homemade Vegetable Stock, *Olive Oil, *Black Pepper & *Himalayan Salt.

Number of pounds: _____

Cranberry Sauce (V, GF)

*Cranberries, *Cane Sugar, *Lemon Juice, *Orange Peel & *Himalayan Salt.

Number of pounds: _____

Cranberry Brown Rice (V, GF)

*Brown Rice, *Cranberries, *Green Onion, *Cashews, *Lemon, *Olive Oil, & *Himalayan Salt.

Number of pounds: _____

Side Dishes Cont. | \$12.99/lb

Roasted Vegetables (Keto, V, GF)

*Zucchini, *Squash, *Onion, *Broccoli, *Colored Peppers, *Oregano, *Basil, *Garlic, *Olive Oil, & *Himalayan Salt.

Number of pounds: _____

Green Beans with Almonds (Keto, V, GF)

*Green Beans, *Garlic, *Ginger, *Tamari, *Almond Slices, *Olive Oil, & *Himalayan Salt.

Number of pounds: _____

Mashed Potatoes (GF)

*Red Potatoes, *Butter, *Roasted Garlic, *Sage, *Black Pepper & *Himalayan Salt.

Number of pounds: _____

Sweet Potato Mash (V, GF)

*Sweet Potatoes, Vegan Butter, *Brown Sugar, *Cinnamon, *Nutmeg & *Himalayan Salt.

Number of pounds: _____

Cauliflower Mash (Keto, V, GF)

*Cauliflower, *Garlic, *Onion, *Olive Oil, *Black Pepper & *Himalayan Salt.

Number of pounds: _____

Roasted Sweet Potatoes (V, GF)

*Wedged Sweet Potatoes, *Garlic Powder, *Onion Powder, *Olive Oil, & *Himalayan Salt.

Number of pounds: _____

Regular Stuffing

*Whole Wheat Breadcrumbs, *Celery, *Onion, *Butter, *Homemade Vegetable Stock, *Raisins & *Himalayan Salt.

Number of pounds: _____

Gluten-Free Stuffing (GF)

Gluten-Free Breadcrumbs, *Celery, *Onion, *Butter, *Homemade Vegetable Stock, *Raisins & *Himalayan Salt.

Number of pounds: _____

Spinach Lasagna (VG)

Whole Wheat Pasta, *Onion, *Garlic, *Green Onion, *Spinach, Tomato Sauce, Parmesan Cheese, Ricotta Cheese and *Himalayan Salt.

Number of pounds: _____ (2 pieces = 1 lb)

* = Organic | V = Vegan | VG = Vegetarian | GF = Gluten Free



Pies

9" Pumpkin Pie | \$19.99

Pumpkin, Water, *Wheat Flour, *Cane Sugar, *Palm Fruit Shortening, Nonfat Milk Powder, Dried Whole Egg, Sea Salt, Cinnamon, Ginger and Cloves. *= Organic

Quantity: _____

9" Pumpkin Pie (GF) | \$24.99

Non-GMO Gluten-Free Pie Crust, *Condensed Milk, *Pumpkin Puree, *Eggs, *Cornstarch, *Pumpkin Spice *= Organic

Quantity: _____

8" Apple Pie (GF) | \$24.99

Crust - The Maine Pie Co. Gluten Free Mix (White Rice Flour, Brown Rice Flour, Potato Starch, Tapioca Starch), Butter, Eggs, Fresh Lemon Juice, Pure Cane Sugar, Sea Salt, Xanthan Gum
Filling - Apples, Pure Cane Sugar, Fresh Lemon Juice, Cornstarch (Non-GMO), Cinnamon, Sea Salt, Nutmeg, Cloves.

Quantity: _____

***= Organic | V= Vegan | GF= Gluten Free**

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For Café Use Only:

Order Date: _____

CC #: _____

Customer Name: _____

Exp. Date: _____

Customer Phone: _____ *(Repeat back to customer)*

CVV: _____

Notes: _____

****Please staple receipt to form.**

Employee Initials: _____