

Café Food Prep

Are you passionate about health and fitness, love fresh food and enjoy meeting and greeting with others?

This position is crucial in making sure we have enough food prepped and ready each day. Teamwork is essential, as this position also interacts and serves customers on occasion.

Position duties include, but not limited to:

- General food prep for everyday items
- Cooking (i.e. soups and salads) while following food and temperature control protocols
- Greeting customers as they arrive at the café, while answering any questions they may have
- Making food and drink items for customers (smoothies, juices, sandwiches, salads, etc.)
- Serving customers from our cold and hot cases

Applicants should have good people skills, love customer service and have a flexible schedule, including nights and weekends. Knowing a little about food prep and cooking is a bonus.

Must also be able to stand for long periods of time, lift at least 50 lbs and have experience handling knives.

This position is available as part-time or full-time.