

## SWEET TREATS

### Cookie Tray

An assortment of mini cookies including: oatmeal cranberry, oatmeal raisin & chocolate chip.

\$25 | Family (serves 10 - 12 people)

\$49 | Party (serves 25 - 30 people)

### Mini Gluten-Free Cookie Tray

An assortment of mini vegan chocolate chip and strawberry tortes cookies, as well as coconut macaroons and vanilla & chocolate donuts.

\$25 | Family (serves 10 - 12 people)

\$49 | Party (serves 25 - 30 people)

### Keto Chocolate Chip Cookie Tray

Mini gluten and grain-free chocolate chip cookies sweetened with Swerve.

\$12 | Dozen

### Frosted Cupcakes

One dozen regular size cupcakes are \$30 & two dozen mini size cupcakes are \$10.

Cake options include: carrot, dark chocolate (GF), blueberry (GF), banana (GF) & cranberry (GF).

Vegan cake options include: carrot, chocolate, vanilla & banana nut.

Frosting options include: chocolate or vanilla buttercream (regular or vegan) & cream cheese.

Topping options include: walnuts, sliced almonds and strawberries.

### Specialty Cakes

Cakes are 9" round and serve 8 people for \$39.

Flavor options include: carrot, dark chocolate (GF), blueberry (GF), banana (GF) & cranberry (GF).

Frosting options include: chocolate or vanilla buttercream (regular or vegan) & cream cheese.

Topping options include: walnuts, sliced almonds and strawberries.

## DRINKS

### Fresh Lemonade

A sweet blend of fresh organic lemon juice, reverse osmosis water and Stevia.

\$12 | Gallon

### Infused Water

A refreshing blend of organic fresh fruit and reverse osmosis water.

\$8 | Gallon

## READY TO ORDER?

(813) 265-4951

info@abbyshealthfood.com

abbyshealthfood.com/cafe-eden

72-hour notice requested for orders.

14374 N. Dale Mabry Hwy  
Tampa, FL 33618

Café Hours:

Mon-Sat: 8:00 AM - 8:00 PM

Sun: 9:00 AM - 7:00 PM

### Our Promise

Each dish is made with clean ingredients; you won't find artificial flavors or colors in our kitchen.

Our proteins are Non-GMO, antibiotic and hormone-free, our fish is wild-caught and our fruits and vegetables are always organic.

We proudly support independent farmers and source locally when possible.

GF- Gluten Free | SF- Soy Free  
VG- Vegetarian | V- Vegan

*Café Eden*  
Organic Food Made Fresh



## CATERING MENU

## BREAKFAST

### Oatmeal with Almond Milk

Homemade organic oatmeal served with sliced almonds, brown sugar, cinnamon, cranberries, raisins and unsweet vanilla almond milk. *(GF)*

**\$36 | Serves 12 - 15 people**

### Gluten-Free Mini Muffin Assortment

An assortment of gluten-free muffins including: blueberry, chocolate, banana nut and cranberry.

**\$19 | Serves 10 - 12 people**

### Gluten-Free Spinach Quiche

Made with spinach, cheddar cheese and eggs with a gluten-free crust.

**\$29 | Serves 8 people**

## ENTREES

### Greek Salad

A refreshing blend of cucumber, tomatoes, Greek olives, feta cheese, green peppers and red onions. Topped with olive oil, oregano and red wine vinegar. *(GF, VG & SF)*

**\$35 | Party (serves 8 - 12 people)**

### Arroz Con Pollo with Roasted Red Pepper

Chicken over brown rice, sofrito, onion, peas, himalayan salt, pepper and turmeric. *(GF)*

**\$22 | Family (serves 4 - 6 people)**

**\$39 | Party (serves 8 - 10 people)**

### Spinach Lasagna

Hand-rolled pasta with spinach, ricotta and mozzarella cheeses in a homemade pasta sauce. *(VG & SF)*

**\$25 | Family (serves 4 - 6 people)**

**\$59 | Party (serves 10 - 12 people)**

### Spinach Chicken Lasagna

Hand-rolled pasta with grilled chicken, ricotta and mozzarella cheese and spinach in a homemade pasta sauce. *(SF)*

**\$29 | Family (serves 4 - 6 people)**

**\$69 | Party (serves 10 - 12 people)**

### Eggplant Stacks

Grilled eggplant with vegan cheese, tomato sauce, olive oil, sunflower oil, black pepper and himalayan salt. *(V, GF)*

**\$39 | Serves 10 - 12 people**

### Herb Grilled Chicken Breast

Grilled chicken breast seasoned with oregano, garlic, himalayan salt, olive oil and fresh squeezed lemon. *(SF)*

**\$49 | Serves 10 - 14 people**

### Chicken Teriyaki Meatballs

Ground chicken, allspice, pineapple, garlic, ginger, onion, turmeric, olive oil and himalayan salt. Served with a side of green beans and brown rice.

**\$29 | Family (serves 4 - 6 people)**

**\$69 | Party (serves 8 - 10 people)**

### Turkey Meatballs

Ground turkey, onion, red pepper, basil, garlic and himalayan salt; topped with gravy. Served with a side of herbed potatoes. *(SF)*

**\$29 | Family (serves 4 - 6 people)**

**\$69 | Party (serves 8 - 10 people)**

### Mediterranean Cod Fish

Fresh wild-caught cod fish cooked with onion, garlic, fresh parsley, cilantro, lemon juice, olive oil and himalayan salt. Served with a side of brown rice and broccoli. *(GF & SF)*

**\$29 | Family (serves 4 - 6 people)**

**\$69 | Party (serves 8 - 10 people)**

### Maple Ginger Salmon

Fresh wild-caught Alaskan salmon cooked with chopped green onions, ginger and tamari; topped with a maple ginger glaze. Served with a side of brown rice and broccoli. *(GF)*

**\$59 | Family (serves 4 - 6 people)**

## TRAYS & PLATTERS

### Fruit Platter

An assortment of seasonal fruit including: melons, grapes, berries and apples. *(V)*

**\$49 | Serves 12 - 15 people**

### Sandwiches & Wraps

Choose from any of the following:

- Hummus *(V)*
- Tuna salad *(SF)*
- Chicken salad
- Cold cut turkey and mozzarella cheese

Bread options: Ezekiel bread, organic whole wheat bread, croissant or wrap (whole wheat or spinach)

All sandwiches & wraps come with spring mix, carrots, bell peppers and red onions.

**\$49 | Party (serves 8 - 12 people)**

### Raw Veggie Tray

An assortment of seasonal vegetables including: carrots, cauliflower, cucumber, celery, broccoli, grape tomatoes, yellow squash and zucchini. *(VG)*

**\$39 | Family (serves 10 - 12 people)**

**\$69 | Party (serves 20 - 25 people)**

### Cubed Cheese Tray

An assortment of cheddar, pepper jack, provolone and mozzarella cheeses garnished with seasonal fruit.

**\$49 | Serves 12 - 15 people**

### Protein Salad Platter

An assortment of chicken salad, tuna salad, egg salad, turkey salad, wild-caught salmon salad and whole wheat crackers.

**\$69 | Serves 10 - 12 people**

### Mediterranean Platter

An assortment of mini quinoa burgers, Greek olives, tabbouleh salad, hummus, grape tomatoes, assorted crackers and feta cheese.

**\$49 | Serves 10 - 12 people**

### Kids Party Sandwiches

Choose from any of the following:

- Cold cut turkey and mozzarella cheese
- Chicken salad with lettuce
- Peanut Butter and strawberry jelly
- Almond Butter and strawberry jelly

Bread options include: Ezekiel bread, organic whole wheat bread or wrap (spinach or whole wheat)

**\$49 | Party (serves 8 - 12 kids)**