

## SWEET TREATS

### Cookie Tray

An assortment of mini cookies including: oatmeal cranberry, oatmeal raisin & chocolate chip.

**\$25 | Family (serves 10 - 12 people)**

**\$49 | Party (serves 25 - 30 people)**

### Mini Gluten-Free Cookie Tray

An assortment of mini vegan chocolate chip and strawberry tortes cookies, as well as coconut macaroons and vanilla & chocolate donuts.

**\$25 | Family (serves 10 - 12 people)**

**\$49 | Party (serves 25 - 30 people)**

### Keto Chocolate Chip Cookie Tray

Mini gluten and grain-free chocolate chip cookies sweetened with Swerve.

**\$12 | Dozen**

### Frosted Cupcakes

One dozen regular size cupcakes are \$30 & two dozen mini size cupcakes are \$10.

Cake options include: carrot, \*dark chocolate, \*blueberry, \*banana & \*cranberry. \*= gluten free

Vegan cake options include: carrot, chocolate, vanilla & banana nut.

Frosting options include: buttercream (regular or vegan) and cream cheese; chocolate and vanilla available for both.

Topping options include: walnuts, sliced almonds and strawberries.

### Specialty Cakes

Cakes are 9" round and serve 8 people for \$39.

Flavor options include: chocolate, carrot, blueberry and cranberry.

Frosting options include: buttercream (regular or vegan) and cream cheese; chocolate and vanilla available for both.

Topping options include: walnuts, sliced almonds and strawberries.

## DRINKS

### Fresh Lemonade

A sweet blend of fresh organic lemon juice, reverse osmosis water and Stevia.

**\$12 | Gallon**

### Infused Water

A refreshing blend of organic fresh fruit and reverse osmosis water.

**\$8 | Gallon**

## READY TO ORDER?

(813) 265-4951

info@abbyshealthfood.com  
abbyshealthfood.com/cafe-eden

**72-hour notice requested for orders.**

*14374 N. Dale Mabry Hwy  
Tampa, FL 33618*

*Café Hours:*

*Mon-Sat: 8:00 AM - 8:00 PM*

*Sun: 9:00 AM - 7:00 PM*

### *Our Promise*

Each dish is made with clean ingredients; you won't find artificial flavors or colors in our kitchen.

Our proteins are Non-GMO, antibiotic and hormone-free, our fish is wild-caught and our fruits and vegetables are always organic.

We proudly support independent farmers and source locally when possible.

*Café Eden*  
Organic Food Made Fresh



**CATERING**  
*MENU*

# BREAKFAST

## Oatmeal

Homemade organic oatmeal served with sliced almonds, brown sugar, cinnamon, cranberries and raisins.

**\$36 | Serves 12 - 15 people**

## Mini Muffin Assortment

An assortment of gluten-free muffins including: blueberry, chocolate, banana nut and cranberry.

**\$19 | Serves 10 - 12 people**

## Gluten-Free Spinach Quiche

Made with spinach, cheese and eggs with a gluten-free crust.

**\$29 | Serves 8 people**

# ENTREES

## Greek Salad

A refreshing blend of cucumber, tomatoes, Greek olives, feta cheese, green peppers and onion. Topped with olive oil, lemon and oregano.

**\$35 | Party (serves 8 - 12 people)**

## Arroz Con Pollo with Roasted Red Pepper

Chicken over brown rice, sofrito, onion, peas, himalayan salt, pepper and turmeric.

**\$22 | Family (serves 4 - 6 people)**

**\$39 | Party (serves 8 - 10 people)**

## Spinach Lasagna

Hand rolled pasta with spinach, ricotta and mozzarella cheeses in a homemade pasta sauce.

**\$25 | Family (serves 4 - 6 people)**

**\$59 | Party (serves 10 - 12 people)**

## Spinach Chicken Lasagna

Hand rolled pasta with grilled chicken, ricotta and mozzarella cheeses and spinach in a homemade pasta sauce. grilled chicken.

**\$29 | Family (serves 4 - 6 people)**

**\$69 | Party (serves 10 - 12 people)**

## Eggplant Parmesan

Grilled eggplant with mozzarella and ricotta cheeses and tomato sauce.

**\$39 | Serves 10 - 12 people**

## Herb Grilled Chicken Breast

Grilled chicken breast seasoned with oregano, garlic, himalayan salt, olive oil and fresh squeezed lemon.

**\$49 | Serves 10 - 14 people**

## Chicken Teriyaki Meatballs

Ground chicken, allspice, pineapple, garlic, ginger, onion, turmeric, olive oil and himalayan salt. Served with a side of green beans and brown rice.

**\$29 | Family (serves 4 - 6 people)**

**\$69 | Party (serves 8 - 10 people)**

## Turkey Meatballs

Ground turkey, onion, red pepper, ketchup, basil, garlic and himalayan salt; topped with gravy. Served with a side of herbed potatoes.

**\$29 | Family (serves 4 - 6 people)**

**\$69 | Party (serves 8 - 10 people)**

## Mediterranean Cod Fish

Fresh wild-caught cod fish cooked with onion, garlic, fresh parsley, cilantro, lemon juice, olive oil and himalayan salt. Served with a side of brown rice and broccoli.

**\$29 | Family (serves 4 - 6 people)**

**\$69 | Party (serves 8 - 10 people)**

## Maple Ginger Salmon

Fresh wild-caught Alaskan salmon cooked with chopped green onions, ginger and tamari, topped with a maple ginger glaze. Served with a side of brown rice and broccoli.

**\$59 | Family (serves 4 - 6 people)**

# TRAYS & PLATTERS

## Fruit Platter

An assortment of seasonal fruit including: melons, grapes, berries and apples.

**\$49 | Serves 12 - 15 people**

## Sandwiches & Wraps

Choose from any of the following:

- Hummus
- Tuna salad with spring mix and tomato
- Chicken salad with spring mix and tomato
- Sliced turkey with cheese, spring mix, tomato and mustard

Bread options include: Ezekiel bread, organic whole wheat bread, croissant or wrap (spinach or whole wheat)

**\$49 | Party (serves 8 - 12 people)**

## Veggie Tray

An assortment of seasonal vegetables including: carrots, cauliflower, cucumber, celery, broccoli, grape tomatoes, yellow squash and zucchini.

**\$39 | Family (serves 10 - 12 people)**

**\$69 | Party (serves 20 - 25 people)**

## Cubed Cheese Tray

An assortment of cheddar, pepper jack, provolone and mozzarella cheeses garnished with seasonal fruit.

**\$49 | Serves 12 - 15 people**

## Protein Salad Platter

An assortment of chicken salad, tuna salad, egg salad, turkey salad, wild-caught salmon salad and whole wheat crackers.

**\$69 | Serves 10 - 12 people**

## Mediterranean Platter

An assortment of mini quinoa burgers, Greek olives, tabbouleh salad, marinated mushrooms, hummus, assorted crackers, grape tomatoes and feta cheese. Served with tzatziki sauce.

**\$49 | Serves 10 - 12 people**

## Kids Party Sandwiches

Choose from any of the following:

- Turkey and cheese
- Chicken salad with lettuce and tomato
- Peanut Butter and strawberry jelly
- Almond Butter and strawberry jelly

Bread options include: Ezekiel bread, organic whole wheat bread or wrap (spinach or whole wheat)

**\$49 | Party (serves 8 - 12 kids)**